



## **BACK TO THE FUTURE with COMPOUNDING**

### **What is Compounding ?**

Compounding is an ancient art of customizing medications tailored to patient specific needs. Compounders are often refer as “Problem Solvers”. These pharmacists work closely through an essential triad relationship – patient, physician, and pharmacist, and is regulated by state boards of Pharmacy.

### **Reasons for Compounding:**

- Improve patient compliance
- Allergies to preservatives, dyes, filler of commercially available products.
- Dosage form and strength unavailable
- Flavoring to make medicine more palatable
- Unique delivery systems: sublingual, troche or lozenge, cream or gel, suppositories and capsules.
- Difficulty in swallowing can be solved with suspension or liquid

Compounding pharmacists are focus on meeting special needs. The ultimate goal in preparing any customized medications is to help the physician and patient achieve a more positive therapeutic outcome.